ARTHROCON 2013

12TH Summer Meet 2013

gear Colleague.

Best regards and thank you all for the constant overwhelming response you have given us during the last decade.



Arthroscopy and arthroplasty have revolutionised the practise of orthopaedics for over 50 years. Significant and dramatic advancements have occured in this field with the deep understanding of the knowledge of the complex biomechanics of hip, knee and shoulder as well as the rapid improvements in tribology. A dynamic Surgeon always keep him updated in the basics and complexities of arthroscopy and arthroplasty...

This year we have a very special and distinguished faculty, Prof. Piers Yates head of orthopaedics and trauma, Fermantle, Kaleeva and Rockingham Hospitals.. He is also a professor of Orthopaedic Surgery at the University of Western Australia and Clinical Director of Perth Bone and Tissue Bank

This year's programme will be highlighted with live surgical demonstrations by masters in respective fields along with detailed discussions on specific points and different case scenarios. Delegates will have an exellent opportunity to spend their time with renowned experts in the field

> Course Co-ordinator Prof. P.GOPINATHAN

Course Director Prof. M.K. VISWANATHAN

Patron Prof. DINESH SANKAR

Executive Org. Secretary Dr. SIBIN SURENDRAN

Patron Dr. P.P.MOHAMMED MUSTHAFA

> Org. Chairman Dr. ANWAR MATHYA

Administrative Secretary Dr. MOHAMMED HASIL

> Org. Secretary Dr. RAJU.K

ARTHROCON 2013

March 9th and 10th at MICC auditorium, Calicut - 673014 Programmes Starts at 8 am

Topic list

Live Demonstration of Relevant Cases

Shoulder Arthroscopy

Shoulder arthroscopy - Portals, positioning and what's normal Shoulder instability & Clinicoradiological evaluation Partial Rotator cuff tear - Evaluation and management Complete Rotator cuff tear. - Evaluation and management SLAP lesions - Evaluation and management Biceps tenodesis - When and how

ACJ dislocations - Indications and my technique

Shoulder Scopy - Anaesthesia and Analgesia

Knee Arthroscopy

Meniscectomy - Tips and tricks Meniscal repair - My technique (zone wise) ACL reconstruction with hamstrings - Pearls & pitfalls MPFL reconstruction - Indications and my technique PLC repair and reconstruction - My technique MCL repair and reconstruction - Indications and my technique PCL reconstruction - Indication and my technique Multiligamentous knee injury - What to do next? Chondral injury - Options and evidence

Total hip replacement

THR - How to restore the offset

THR - Bearing surfaces and evidence

THR - Cemented or uncemented : current scenario

Dysplastic hip - Pearls and pitfalls

Revision THR - Femoral options Revision THR - Acetabular options

Infected THR - My algorithm

Dislocated THR - My algorithm

HANDS ON WORK SHOP

Course Dinner: 09.03.13, 7 pm Onwards

Faculties Expected

Dr. Ashish Babhulkar (Pune)

Dr. Clement Joseph (Coimbatore)

Dr. Chandra Bose Rex (Coimbatore)

Dr. David Raian (Coimbatore)

Prof. Gopinathan (Calicut)

Dr. Hemanth Kumar Reddy (Bangalore) Prof. KC Gopalakrishnan (Trivandrum)

Prof.Gopakumar (Trivandrum)

Dr. Jacob Varghese (Cochin)

Prof. CM kumaran (Calicut)

Dr. Mohan Kumar (Perinthalmanna)

Prof. N J Mani (Calicut)

Prof. Piers Yates (Australia)

Dr. Prathap Kumar (Cochin)

Dr. Premkumar (Trichur) Prof. Shantharam Shetty (Mangalore)

Prof. Sarath Rao (Manipal)

Dr. Sachin Tapaswi (Pune)

Dr. Sugavanam (Salem)

Prof. Samuel Chittaranajan (Vellore)

Dr. Schiller Jose (Calicut)

Dr. Vijav Bose (Chennai)

Dr. Vivek Pandey (Manipal) Calicut regional faculty