



Indo Korean Orthopaedic Foundation  
인-한 정형외과 협회



**ARTHROCON 2024**

**INTERNATIONAL SHOULDER SYMPOSIUM**

VENUE



**IKOF**  
**ARTHROCON**  
**2024**

**ARTHROCON 2024**  
**INTERNATIONAL SHOULDER**  
**SYMPOSIUM**

**30<sup>th</sup> Annual Meet 2024**

Date:

**28<sup>th</sup> APRIL 2024**

Venue:

**GMC FOUNDATION ORTHO HOSPITAL AUDITORIUM**

CH Cross Road, East Nadakavu, Kozhikode, Kerala 673001

Address for Correspondance

Prof. Dr. Gopinathan P, GMC Foundation, west Nadakkavu, Calicut - 673011

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[www.ikof.org](http://www.ikof.org) | [www.jortho.org](http://www.jortho.org)



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Foundation

# ARTHROCON 2024

LIVE  
SURGERIES



Scientific  
Highlights

Journal of Orthopaedics  
Pubmed Indexed- free for  
IKOF members

1. Eminent faculties in the field of Shoulder Arthroscopy.
2. Live Surgeries Shoulder Arthroscopy.
3. Interactive session.
4. Lunch time workshops.



## Y-Knot™ RC

### Self Punching All-Suture Anchor System

With strong fixation and a simple, self-punching technique, Y-Knot® RC anchors help overcome the trade-offs of traditional rotator cuff anchors while the NEW Hi-Fi® Tape and Hi-Fi® Suture have been shown<sup>1,2</sup> to reduce abrasion and tendon tear-through.



## Y-Knot™ Flex

### All-Suture Anchors for Instability

The Y-Knot® Flex System for labral and capsular-based repairs helps improve surgical flexibility and access with small, all-suture anchors that deliver secure fixation with up to 80% less bone removal.



Organized by Indo Korean Orthopaedic Foundation under the  
auspices of P.K.Surendran Memorial Education Foundation

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Dear Colleague,

We would like to invite you all for the 30th Annual Meet **ARTHROCON 2024**, organized by the Indo Korean Orthopaedic Foundation (IKOF) and Prof. P. K. Surendran Memorial Education Foundation on 28th April 2024 at GMC Ortho Auditorium, Calicut , Kerala.

This year's theme is "ADVANCES IN SHOULDER ARTHROSCOPY"

We are all well aware of the fact that the volume of arthroscopic Shoulder surgeries have shown a rapid ascent in our state in the recent years. Till few years ago, all the arthroscopic cases were being referred to the nearby states. Now we are fully equipped to perform all types of arthroscopic procedures in our state. More and more young surgeons are now opting for subspecialization in arthroscopic surgery. This CME aims to keep ourselves up-to-date with the current developments and cutting edge technologies in the field of Shoulder arthroscopic surgeries. The perfect blend of theoretical and practical elements with high scientific standard makes this a *not to be missed* event in the calendar of orthopaedic surgeons.

We have an interesting mix of live arthroscopic surgeries, lectures on controversial topics, case discussions and hands on workshop. Eminent, Inter national & national master arthroscopic surgeons will share their wisdom of knowledge with us.



PROF. YE YEON WON  
President IKOF



DR. ROSHAN WADE



DR. RAJKUMAR  
S AMARAVATI



DR. RAM CHIDAMBARAM



DR. VIVEK PANDEY



Prof. C HAO CHIU



DR. SUNDAR RAJAN



Dr. RAJEEV RAMAN



DR. NAMDEV



DR. KARTHIK SELVARAJ

**PATRONS**

Prof. Dr. Raveendran  
Dr. VK Rajan  
Dr. HAreendranath

Prof. Dr. Gopinathan  
**CHAIRMAN**

Dr. Raju Karuppall  
**CO. CONVENOR**

Dr. Anwar Marthya  
**CONVENOR**

Dr. Sibin Surendran  
**ORGANISING SEC**

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**CO. CONVENOR**

Dr. Abdul Gafoor P.M.  
**Co-ORGANISING SEC**

**Joint Secretaries**

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Dr. Nikhil

Dr. Prem Kumar

Dr. Prince Shanavas Khan

Dr. Raashid

Dr. Rajanish

Dr. Sanjay George

Dr. Sharfudheen Mammu

Dr. Sujith Jose

Dr. Unnikrishnan

Dr. Vijay Krishnan

Dr. Jijulal

# Advances in Shoulder Arthroscopy

Venue:  
GMC FOUNDATION ORTHO  
HOSPITAL AUDITORIUM



ARTHROCON 2024- Updates in SHOULDER Arthroscopy: 28/04/24 at 8.30AM

## INSTABILITY :

1. Bony Bankart - tips to succeed ?
2. HAGL and Reverse HAGL – diagnosis and management?
3. Posterior labral tears with paralabral cysts – when and how to treat?
4. Multidirectional instability : diagnosis and treatment algorithm
5. Failed Bankart's repair – how to proceed?
6. Open Laterjet procedure – tips for success
7. Remplissage – when and how ?
8. SLAP tears – consensus in 2024

## LIVE SURGERY 1

### ROTATOR CUFF:

1. Lower trapezius transfer techniques for rotator cuff tear... what is the latest?
2. Partial Thickness Cuff Tears - Debride vs Fix?
3. Subscapularis repair - make it less intimidating !
4. Cuff tear pattern recognition and repair technique
5. Rotator Cuff Repair: Tips for Difficult (Massive) Tear
6. Pseudoparalytic shoulder – how to approach?
7. Scapular dyskinesia – diagnosis and management
8. Biceps issues – how to handle in 2024
9. Biceps SCR for massive cuff tears

## LIVE SURGERY 3

### ACROMIOCLAVICULAR JOINT :

1. Horizontal Instability of the AC Joint - Recognize and Treat
2. Acute and chronic ACJ instability - how I treat?

## LIVE SURGERY 2

## LIVE SURGERY 4

## Scientific Advisors

Dr. Abdulla Khaleel  
Dr. Azar  
Dr. Faisal Iqbal  
Dr. Faisal Kareem  
Dr. Hasil  
Dr. Hithesh Gopalan  
Dr. Jawahar Aadiraja  
Dr. John T John  
Dr. Jyothi Prasanth  
Dr. Khyas

Dr. Krishnakumar C.M.  
Dr. Krishnakumar C.V.  
Dr. Moidu Shameer  
Dr. Murugan Babu  
Dr. Nijith Govindan  
Dr. Pradeep Kumar  
Dr. Prathap Kumar K R.  
Dr. Prem Haridas  
Dr. Rajesh Purushothaman  
Dr. Rex

Dr. Rijesh  
Dr. Sameer Ali  
Dr. Sandeep Vijayan  
Dr. Schiller Jose  
Dr. Shameem  
Dr. Shanavas K.P.  
Dr. Sreehari  
Dr. Sreejith  
Dr. Sreeshob  
Dr. Sujay Nadhan



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