



ARTHROCON 2019



Scientific Highlights

Journal of Orthopaedics
Pubmed Indexed- free for
IKOF members

1. Eminent faculties in the field of Knee Preservation Surgery.
2. Live Surgical Demonstration - Knee Preservation Surgery.
3. Interactive session.
4. Hands on Workshop-Knee Arthroscopy & Knee Preservation Techniques 3.30 pm onwards

With best compliments from:



GMC

ORTHO INSTITUTE
HOSPITAL FOR THE SPECIAL SERVICES FOR
BONES, ENDOSCOPY, SPINE, SPORTS MEDICINE
& TRAUMA (BESST)

- * Institute of Sports Medicine & Arthroscopy
- * Institute of Spine & Deformity Correction
- * Institute of Joint Replacement Surgery
- * Institute of Traumatology
- * Institute of Paediatric Orthopaedics

Run by GMC Ortho Foundation & Trust

Organized by Indo Korean Orthopaedic Foundation under the
auspices of P.K.Surendran Memorial Education Foundation,
GMC Ortho Trust & Dept. of Orthopaedics
Iqraa Hospital, Calicut

인-한 정형외과 협회



Indo Korean Orthopaedic Foundation
인-한 정형외과 협회



ARTHROCON 2019

INTERNATIONAL KNEE PRESERVATION SYMPOSIUM

23rd Annual Meet 2019 Knee Preservation Meet

Date: 16th & 17th November 2019
Venue: GMC Ortho Trust Auditorium
East Nadakkave, CH Cross Road., Near CH Palli, Calicut - 673011

Pre Conference Workshop on 16th Nov 2019
at Malabar Palace Hotel, Calicut on 3.30 pm

www.ikof.org | www.jortho.org

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auspices of P.K.Surendran Memorial Education Foundation,
GMC Ortho Trust & Dept. of Orthopaedics Iqraa Hospital, Calicut

Dear Colleague,

We would like to invite you all for the 23rd biannual meet **ARTHROCON 2019**, organized by the Indo Korean Orthopaedic Foundation (IKOF) and Prof. P K Surendran Memorial Education Foundation on 16th & 17th Nov 2019 at GMC Ortho Trust Auditorium, West Nadakkave, CH Cross Road, Near CH Palli, Calicut, Kerala.

This year's theme is "KNEE PRESERVATION"

We are all well aware of the fact that the volume of Knee Preservation surgeries have shown a rapid ascent in our state in the recent years. Till few years ago, all the Knee Preservation cases were being referred to the nearby states. Now we are fully equipped to perform all types of Knee Preservation procedures in our state. More and more young surgeons are now opting for subspecialization in Knee Preservation surgery. This CME aims to keep ourselves up-to-date with the current developments and cutting edge technologies in the field of Knee Preservation surgeries. The perfect blend of theoretical and practical elements with high scientific standard makes this a *not to be missed* event in the calendar of orthopaedic surgeons.

We have an interesting mix of live Knee Preservation surgeries, lectures on controversial topics, case discussions and hands on workshop. Eminent international and national master orthopaedic surgeons will share their wisdom of knowledge with us.

This year we have Dr Rik K from United Kingdom
as the International Faculty

We hope to see you all on 2019 November 16th -17th
at GMC Ortho Trust Auditorium, Calicut



Dr Rik K
ISAKOS International
Knee Committee member
United Kingdom



Prof. Ye Yeon Won
President IKOF

Prof. MK Viswanathan
Patron

Dr. Raju Karuppall
Convenor

Dr. Unnikrishnan
Joint Secretary

Dr. Nikhil K.V.
Joint Secretary

Dr. M.K. Raveendran
Patron

Dr. Nijith Govindan
Co-Convenor

Dr. Raashid
Joint Secretary

Dr. Jyothi Prasanth
Joint Secretary

Prof. Gopinathan
Course Director

Dr. Sibin Surendran
Organising Secretary

Mohammed Fasil
Joint Secretary

Dr. Shameem
Joint Secretary

Dr. Anwar Marthya
Chairman

Dr. Prince Shanavas Khan
Co-Organising Secretary

Dr. Abdul Gafoor
Joint Secretary

Dr. Moidu Shameer
Joint Secretary

Address for Correspondance

Prof. Dr. Gopinathan P, GMC Foundation, East Nadakkavu, Calicut - 673011
Ph: 09447059014, Mail: gopinathan.p@gmail.com

Advances in Knee Preservation

Workshop on Knee Preservation Registration: 3.30 PM

at Malabar Palace Hotel on 16/11/19 at 3.30PM

INAUGURATION ANNUAL ORATION & BANQUET DINNER AT 7.30 PM on 16/11/2019



ARTHROCON Nov 2019 KNEE TOPICS

Registration: 8.30 AM

Knee Preservation:

- Principles and planning for knee osteotomies
- High tibial closing wedge osteotomy – when and how?
- High tibial opening wedge osteotomy – when and how?
- Live Surgery
- Distal femur osteotomy - when and how ?
- Complications of high tibial osteotomy
- Meniscal root repair with HTO – when and how?
- Osteotomy in ligament instability – how to get it right?
- Live Surgery
- Rotational osteotomies of femur and tibia – when and how?
- Microfracture / OATS – when and how ?
- ACL/BMAC – when and how ?
- Meniscus root and ramp lesions : how I tackle?
- Live Surgery
- Meniscal repair techniques : tips for success !
- ACL repair : when and how?
- Paediatric ACL reconstruction : when and how?
- Corner injuries in knee: key concepts to diagnose !
- Live Surgery
- Anterolateral reconstruction : when and how?
- PLC reconstruction : when and how?
- Revision ACLR : preoperative planning and analysis of failure
- Soft tissue procedures for Patellofemoral instability : when and how?
- Live Surgery
- Bony procedures for Patellofemoral instability : when and how?
- PCL reconstruction : my technique
- PCL bony avulsion : when & How?
- Acute dislocation knee :how to approach ?
- Live Surgery

Expected Faculties:

Prof Sharat Rao
Dr Roshan Wade
Dr Bhushan Sabnis
Dr Sugavanam
Dr Nagaraj Shetty
Dr Vivek Pandey
Dr Krishna Kiran
Dr Namdev

Dr Santosh Sahanand
Dr Sandeep Vijayan
Dr Sujith Jos
Dr John T John
Dr Prem Kumar
Dr Faisal Iqbal
Dr Faisal Kareem
Dr Shanavas

Dr Clement
Dr Prem Haridas
Dr Bimal
Dr Sreehari
Dr Prasad Menon
Dr Jijo Jose
Dr Anil john
Regional Faculties



ARTHROCON 2019

Organized by Indo Korean Orthopaedic Foundation under the
auspices of P.K.Surendran Memorial Education Foundation,
GMC Ortho Trust & Dept. of Orthopaedics Iqraa Hospital, Calicut
On 16th & 17th November 2019 at Hotel Malabar Palace, Calicut



REGISTRATION FORM

*First Name: _____ *Surname: _____

Address: _____

_____ *City _____ *Pin Code: _____

State: _____ Country: _____

*Contact details : _____ *Mobile: _____ *Office: _____

Medical Council Registration number: _____

*Email (Please mention active Email ID): _____

Meal preference: Veg / Non Veg _____

Registration Category : up to Oct 01, Consultants - Rs. 3500 / - [] Pgs Rs. 2000 / - []

up to Nov 01, Consultants - Rs. 4000/- [] Nov 1 to 15 Consultants - Rs. 4500/- []

Pgs Rs. 3000 / - [] Workshop 500/- [] _____

SPOT REGISTRATION ₹ 5000/- OR	Payment by bank transfer	Name of Account: P. K. Surendran Memorial Education Foundation Name of Bank: Indian Oversease Bank, Chevayur Branch, Kozhikode A/c No. 089901000008591, IFSC Code: IOBA0000899 Send the details by E-mail to gopinathan.p@gmail.com
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Mode of Payment: Cheque/DD No. _____ Dated _____ Drawn on _____

Amount _____ DD _____

in favour of **P. K. Surendran Memorial Education Foundation** payable at Calicut.

Please send duly filled Registration Form along with DD/ Cheque to:

Professor Dr. P Gopinathan GMC Foundation

Near BMW Show Room, Vandipetta, Nadakkave, Calicut - 6730211

Contact details: Office no: 0495 2361014, Mobile No: 09447059014

• *Conference registration is mandatory for attending this programme •

For accomodation please contact: Dr. Abdul Gafoor, Mob: 09809707005